



Lynita

Mitchell - Blackwell, Esq.



Live & Lead Spectacularly



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“
Start leading
& loving
every area of
your life.
”

ABOUT

Lynita

Mitchell - Blackwell, Esq.

Lynita Mitchell-Blackwell is a Supreme Performance Personal and Professional Development Coach whose clients experience maximum Life ROI by leveraging her skills and expertise as an Attorney, CPA, Certified Christian Life Coach and Emotional Intelligence Practitioner, and ordained New Thought Christian Minister. Hailing from Miami, Florida, Lynita is a multifaceted Powerhouse with a strong commitment to empower others to achieve their highest vision for life both personally and professionally. An Amazon Best-Selling Author, Lynita's fourth book is disrupting the established thoughts on life balance - ***Knocked Down, Set Straight: Face It, Speak It, Forgive It, Release It.***

BUSINESS VENTURES

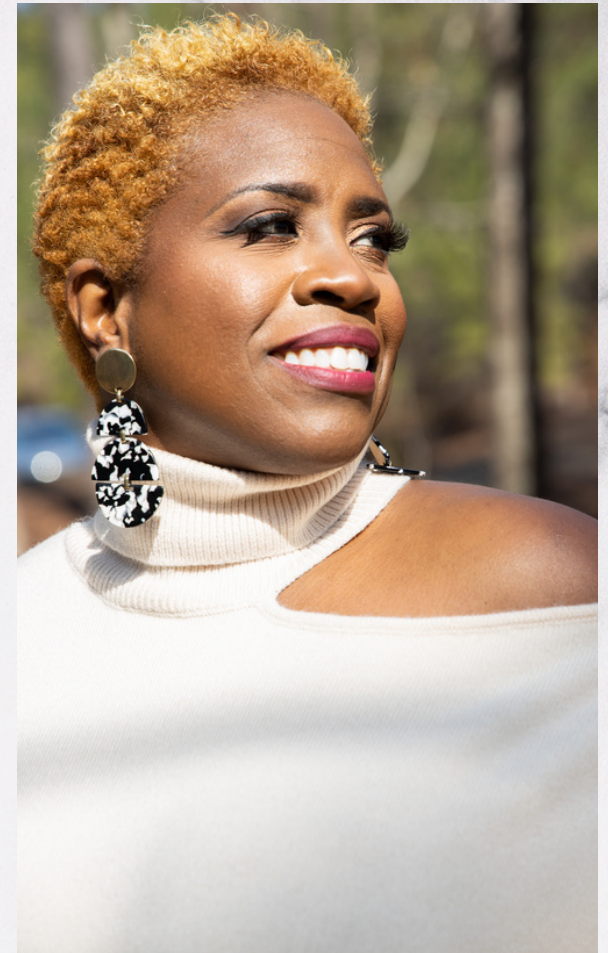
Lynita has founded and led several businesses that include an eponymous law firm through which she has been recognized as a Top 100 Lawyer in Georgia; an accounting firm; an award-winning media company that published five magazines, two of which were voted as ATL's Hottest; and publishing company that published 7 bestselling authors. As an advocate for women globally, she is also the Co-founder of the Jewell Jackson McCabe Emerging Institute, a leadership training and development non-profit which has served over 400 women and girls both nationally and abroad.

IMPACT

With every professional accomplishment and "win", there was an equal and corresponding challenge and "loss" that included a brutal battle with endometriosis, struggles with self-esteem and body-image, and career changes that created terrifying fork-in-the-road decisions. Lynita's deep dedication to clients leverages the wisdom gained from overcoming these fears, and includes utilizing her entire portfolio of skills and resources to prosper, promote, and propel them toward their optimal Aggregate Intelligence™ in their businesses, careers, relationships, and self development. Her efforts are curated to help clients release their deepest fears so they may live prosperously in every way. As CEO of Leading Through Living, Lynita's services include both one-on-one and group coaching, immersive experiences, transformational live events, and on-demand webinars; all designed to free clients from the paralysis of fear and set them on course for successful living.

COMMUNITY ENDEAVORS

Lynita has also served as an active leader in her professional communities, including President of both the Georgia Chapter of the American Academy of Attorney-CPAs and the Georgia Association of Black Women Attorneys Foundation. At the latter, she implemented its Civil Pro Bono project to establish wills for the terminally ill, which was awarded the National Women's Bar Association Outstanding Project Award. She is also an honorary member of the Birmingham Chapter of the National Coalition of 100 Black Women. These endeavors have earned Lynita numerous accolades which include being honored by the Georgia Legislative Caucus with the Yellow Rose Community



Service Award, Secretary of State as an Outstanding Citizen, the Walker's Legacy National Power Award in Leadership & Business, and the President's Council on Service and Civic Participation with the Lifetime Achievement Award under the Obama Administration. She has also been recognized by Lawyer Monthly Magazine with the Woman in Law Award, as a Top 100 Attorney by the National Black Lawyers, and Who's Who in Black Atlanta.

PERSONAL COACHING SERVICES

PERSONAL COACHING SESSION / SINGLE PERSONAL COACHING SESSION

Get and stay focused on your goals to achieve maximum Life Return on Investment (ROI) with one-on-one coaching with Lynita Mitchell-Blackwell.

Work with Lynita to release the fears holding you back from experiencing and LIVING the life you deserve. Enjoy the success, love, and wellness that has been yours since you breath your first breath on this earth!

PROFESSIONAL COACHING SERVICES

PROFESSIONAL DEVELOPMENT COACHING

Get and stay focused on your professional goals to achieve maximum Life Return on Investment (ROI) with one-on-one coaching with Lynita Mitchell-Blackwell. Join Lynita as we run the full range TOGETHER and set career goals that prosper your entire wellbeing – mental, emotional, spiritual, and financial - and your employer's bottom line.

KEYNOTE SPEAKER, SEMINARS, WORKSHOPS, AND TRAININGS

Invite Lynita into your group or organization to inspire, motivate, and transform your audience. An acclaimed international speaker and certified trainer, Lynita has WOW'd groups of up to 500 people and facilitated over 20,000 hours of professional development, life enhancement strategies, business development, career growth, and entrepreneurship courses.

GUEST TV, RADIO, PODCAST HOST; RED CARPET INTERVIEWS

Lynita has delivered electrifying interviews with celebrities, business leaders, community activists, and politicians on various topics as a host on TV shows and podcasts; and as a guest on radio shows and on the red carpet.

S E R V I C E S

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LET'S TALK!

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ECLIPSE YOUR FEARS

You were born brilliant, strong and unique. Just as a diamond is precious and priceless from inception, so too, are you. Let us work together to unearth the qualities that make you shine bright, eclipse the fears that have kept you hidden from the world's view, and establish the setting that will best present your brilliance. Transform your life, inside and out – begin by taking our assessment.

Leading Through Living has the tools, resources, and support to help you live freely, release the fear and embrace your awe-inspiring Self. Our webinars, one-on-one coaching, group trainings, and immersive experiences will positively impact your mindset and transform the way you think about you.

Do you ever wonder why you're not getting where you want to go, even though you have degrees, certifications, join the "right" groups and organizations? Do you sometimes feel "lost in the crowd" although you're surrounded by plenty of people? Are you working a "good job", but starting to wonder if it's working you – and not to your benefit?

If you answered YES to any (or all!) of these questions, let's talk!

EMBRACE YOUR SELF

Are there times when you wonder if "it" is all worth the endless climb up the ladder to please others? Are your life goals at war with your career goals, and sometimes your relationship and family goals? Do you want to do things differently, but aren't sure where to even start to make changes?

Lynita Mitchell-Blackwell and the Leading Through Living Community have the accountability, tools, support, and resources to help you embrace your entire Self, live more peacefully and embrace spectacular joy of living well – right now.

Your life is beautiful in every shade. Lynita Mitchell-Blackwell's live, group, and on-demand trainings and experiences are focused on one thing: eclipsing the fear that has shut you out of the life you dream of.

MEDIA

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MizCEO SPOTLIGHT

Featured in MizCEO Spotlight
(Influence for Women Who Dominate)

Girl Let's Talk Atlanta™

Lynita was featured in Girl Let's Talk Atlanta™

Wings of Inspired Business Podcast

Lynita was guest on the Wings of Inspired Business Podcast with Melinda Wittstock.



Forbes.com

Lynita was featured thrice in Forbes.com Articles namely:

- Looking To Brand Yourself? Be Sincere
- Balancing Power & Responsibility
- No One Expects Perfection, But They DO Expect Authenticity

GROSUM

Lynita was featured on GroSum digital platform to share her views on organizational culture.

POINTS OF LIGHT

Lynita was featured on the Points of Light volunteer achievement foundation February 2018.

WOMANIFESTING

Lynita was featured as a BOLD Spiritpreneur on MTV Host Abiola Abrams' Womanifesting Oct. '17.

HR INNOVATIVE

Lynita was featured on HR Innovation Thought Leadership Articles and Resources September 2018.

POWER 20 MAGAZINE

Lynita was the cover feature for January 2020.

VOYAGE ATL

Lynita was featured as a community and business leader of excellence.

Classy Chronicles

Lynita was featured on the Classy Chronicles Website in July 2018.

FEATURES

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Are you caught in a cycle of confusion, uncertainty, and pain? Knocked Down, Set Straight will take you on a transformational journey of turning your life's pain into your ultimate gain!

In this hilarious guide to mindfulness, spiritual teacher and thought leader Lynita Mitchell-Blackwell, Esq. serves up ways to balance your mind (IQ), heart (EQ), and soul (SQ) and merge them into what she eloquently explains as the aggregate intelligence quotient (AQ)TM.

You will be thrust toward your life's purpose in 25 eye-opening chapters, wherein Mitchell-Blackwell sets you straight by:

- Sharing recognizable stories of pain, darkness, and confusion
- Exploring the lessons you learn as you emerge from the cycle of pain
- Gifting you with the blessings in the lessons and how to turn that pain into passion in the following five steps:
- 1.Face it! 2.Speak it - Roar! 3. Forgive it! 4. Release it! 5. Soar!

By the end of this powerful road map to your better self, you'll understand how to embrace your life's experiences, eradicate foolish behaviors, and obliterate self-defeating patterns!



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BOOKS

Order Online

lynitamitchellblackwell.com/books

You've passed every test, earned the certifications, learned to play "the game"; yet still struggle with the intangible skills needed to be successful socially and professionally. Here's the secret: the game is won using the sage wisdom your granny taught you growing up. Seriously! Courtesy will take you places book knowledge never will. Who you know is important; but whether they like you or not determines what happens next. Described as a "mentor in your pocket", Leading Through Living explores the importance of treating people well to one's career, social and civic relationships, and personal growth. Author Lynita Mitchell-Blackwell frankly shares her experiences - the good, bad, and downright embarrassing - as a young woman navigating career, several organizations, and relationships while earning her degrees and certifications. "The most important three phases in one's quest for personal growth and professional success are please, thank you, and I apologize," says Mitchell-Blackwell. "Learn them well and life will be full of unexpected triumph."



TESTIMONIALS

Lynita

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Jackie Madison

2019 Mrs. Earth National Pageant

I SMILE because Lynita Mitchell Blackwell is my Secrets of Influence. She inspired me to take that "Leap of Faith to step out of my comfort zone and into my purpose". She has a passion to help others succeed. I salute Lynita because she exemplifies the word Queen.



Coach Carol Rhoden

Former WNBA Player & National All American Basketball Coach

Lynita is truly anointed! Her persistence, wisdom, and knowledge exceeded my expectations of what a life coach is and should be. It has been a blessing to know her and work with her.



Regina "Sunshine" Robinson

Media Empire CEO

From the moment I met Lynita Mitchell-Blackwell, my life changed. In the 2 years I have worked closely with her, I've authored my first book, led 2 anthologies, was published by Chicken Soup for the Soul, started my own media company and received numerous awards. She was the catalyst for all of it and coached me every step of the way. Lynita is a tremendous leader, coach and friend. I am forever grateful for our connection.



Heather White, CPA
Campus Recruiter

Lynita was delightful to work with. She was not only diligent in understanding the topic that we wanted to cover but she was interested in our company, who we are and how we operate.



Carl H. Chaput, Director, Branch Manager
Private Wealth Management

Thank you so much for making our networking event such a fun time!! It is obvious you love what you do!



Emily R. Ancinec
Coordinator of Student Organizations
Center for Student Organizations

Lynita Mitchell-Blackwell was our Keynote speaker for our leadership conference and was incredibly well received by our students. Her multifaceted professional experience allowed many students to connect to her story and learn a great deal from her.

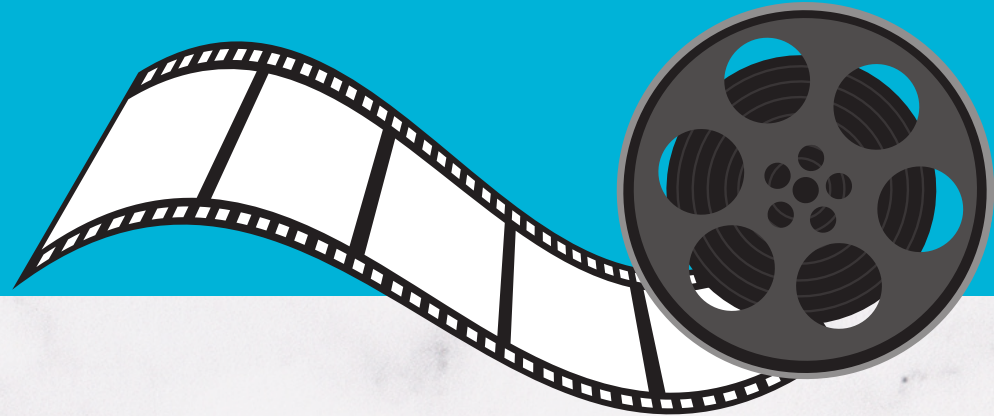
...what Lynita's clients say



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IN ACTION



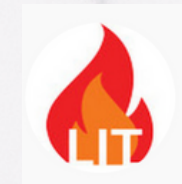
PURSE POWER

Lynita Mitchell-Blackwell was interviewed by Elaina Zuker. Elaina and Lynita share their expertise on goal setting and scaling your business.



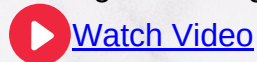
LEADING THROUGH LIVING COMMUNITY

Lynita Mitchell-Blackwell presents Empire Builder: How to Build Your Business Empire One Brick At A Time at the Confidence Bootcamp for Women in Atlanta - Buckhead August 2015



LIT COLLEGE TOUR

2014 LIT College Tour Los Angeles: Closing Keynote Lynita Mitchell-Blackwell offers her passion, knowledge and insight on "Igniting Your Future."



TRIED TESTED CONQUERED

Exclusive Facebook live interview with Lynita Mitchell-Blackwell by Shaunta Moore.





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 www.lynitamitchellblackwell.com

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